

St. George the Trophy Bearer

Sunday School Bulletin

OCTOBER 2022

The protection of the Theotokos- October 1st

Tropar of the Feast

Most holy Mother of God, today we Orthodox joyfully celebrate thy coming among us. As we gaze at thy icon we cry with compunction: Shelter us under thy protection, deliver us from evil, and pray to thy Son, Christ our God to save our souls.

Kontak of the Feast

Today the Virgin is standing before us in the Church praying for us with the choirs of Saints. Angels worship with Hierarchs, Apostles rejoice with Prophets, for the Mother of God intercedes with the Eternal God for us.



Ideas to celebrate the feast:

Build a blanket fort in your living room using furniture, blankets, pillows and sheets. Inside your fort, read the story of the miraculous appearance of Mary at the church of Blachernae in the mid tenth century. As you are protected by the warmth of your blankets, imagine the Mother of God holding out her veil and sheltering you from harm.

Play I spy with an icon of the Protection of the Theotokos. See the I spy page from Byzimom.com and look closely at the icon.

Pray together. As you say your prayers this day, close your eyes and feel the comfort of the Theotokos' veil protecting you

Happy Thanksgiving

On Thanksgiving let us remember what we are taught in the Divine Liturgy: "It is meet and right to hymn You, to bless You, to give thanks to You, and to worship You in every place of Your dominion."

"Thank God for everything you are; everything you have and everything you achieve. By thanking God you will realise that these are not your achievements but His gifts and, thus, you will feel humble"

- St Paisios -

Orthodox Prayer of Thanksgiving

O Lord my Savior and my Master, I, Thine unprofitable servant, with fear and trembling give thanks unto Thy loving goodness for all Thy benefits which Thou hast poured so abundantly upon me, Thy servant. I fall down in adoration before Thee and offer Thee, O God, my praises; with fervor I cry to Thee:

O God, deliver me from all adversities and mercifully fulfill in me such of my desires as may be expedient for me. Hear me, I entreat Thee, and have mercy, for Thou art the Hope of all the ends of the earth, and unto Thee, with the Father, and the Holy Spirit, be ascribed glory, now and ever, and unto ages of ages. Amen.

I praise Thee, O God of our Fathers, I hymn Thee, I bless Thee, I give thanks unto thee for Thy great and tender mercy. To Thee I flee, O merciful and mighty God. Shine into my heart with the True Sun of Thy righteousness.

Enlighten my mind and keep all my senses, that henceforth I may walk uprightly and keep Thy commandments, and may finally attain unto eternal life, even to Thee, Who art the source of life, and be admitted to the glorious fruition of Thine inaccessible Light; for Thou art my God, and unto Thee, O Father, Son and Holy Spirit, be ascribed glory, now and ever and unto ages of ages. Amen.

Holy and Glorious Apostle Thomas

We remember the Apostle Thomas on October 6th. Thomas is sometimes called “Doubting Thomas” and he is also commemorated one week after Pascha on Thomas Sunday. He was raised with a great love for the word of God. He was able to recognize Christ as the Messiah and followed Christ as soon as he was called. He left his boat and became one of the twelve Apostles. St Thomas bravely followed Christ even though there was a risk of being killed, saying to the other disciples, “let us also go, that we may die with Him” (John 11:16). After Christ had Risen from the dead, He appeared to some of the disciples who were gathered together and He showed them the marks of His Passion on His body. Thomas was not with them and, when the others told him of what they had seen, he was unwilling to believe until he could see for himself. After seeing the Risen Christ a week later and touching His wounds, he exclaimed “My Lord and My God” (John 20:28), which was one of the greatest confessions of faith. Later Thomas went to India to teach the many people there that did not yet know about Jesus. In India, Thomas met with a king that wanted a builder to build him a magnificent castle. After seeing Thomas’ beautiful drawing of a glorious palace, the king hired Thomas to build his castle. The king gave Thomas everything he would need to build the castle: big piles of gold, silver, wheat, wine, and oil. As soon as the king left, Thomas began to see people in great need and he decided that they needed the king’s riches. Thomas knew that when we help people in need, we store up treasures in heaven. He knew that if he did God’s work with the king’s money, a marvellous palace would be built for the king in heaven. Let us ask him to pray for us and to help us store up our own treasures in heaven.



St. Luke the Evangelist - Feast Day October 18th

In October we celebrate the feast day of St. Luke the Evangelist. St. Luke gives an account of Jesus' life in his Gospel and he focuses on our salvation which is made possible by the Lord Jesus Christ. He also wrote the Acts of the Apostles which tells us what happened immediately after Jesus' Resurrection. St. Luke was the first iconographer. The first icon he painted was of the Theotokos. He gave this first icon to Mary and she praised his work saying, "May the grace of Him who was born of me be upon this image." He painted seven different icons of the Theotokos, and each one has done many miracles. As one of the 70 Apostles, St. Luke was sent by the Lord to preach the Kingdom of Heaven. St. Luke accompanied St. Paul on his second missionary trip and they preached the Gospel together. After St. Paul's death, St. Luke left Rome to preach in Achaia, Libya, Egypt, and Thebaid. If you look up at the Pantocrator in our church, you can see St. Luke is represented by the ox in one of the corners. In the beginning of St. Luke's Gospel, he documents themes of sacrifice in the temple and this is why he is associated with an ox. Holy St. Luke pray to God for us.

St. Luke's Artist Palette Cookies

Supplies:

Sandwich Cookies (*Oreos work great*)
M&M's in Red, Orange, Yellow, Green, and Blue
Pretzel Sticks
White Heart Shaped Sprinkles
White Icing

Directions:

Twist open cookie. Place an M&M of each color on the white filling. Break a Pretzel Stick in half and attach the Heart Sprinkle to the broken end with a dab of white icing. (Note: If you don't have icing you can use a little of the cookie filling.) Place the pretzel "paintbrush" on the cookie. All done!



St Luke Word Search

Word Bank

1. heal 2. doctor 3. luke 4. follower 5. october 6. physician 7. gospel 8. seven 9. antioch 10. icon 11. saint 12. miracles 13. iconographer 14. disciple 15. evangelist 16. theotokos 17. thanksgiving

W P R H B T V O E N G H Q Q T M O R Q U
U V O R Q D N D A G B O T J O Z E S C C
Q R E D I S C I P L E B S R B B V Z L G
T W L V O U Q B A Z Q V E P O M K S P S
H Z E H A V N P V S Y H E T E N O C I E
E C D H T N S W O F P S C P B L G C Q L
O C X Y M R G U L A J O Q Y O W R A Q C
T L T A A O V E R Q V R X O O N U R J A
O C C C E Y Y G L Y O Q I S Y G C E H R
K M R R K H O A B I J R T E E D Q W X I
O V W H S N S P H S S W Y V P K V O J M
S R E R O T C O D E R T M G G M U L N L
F A P C T K A H N V I N S B Y P C L D W
L I I V D N P H J E S W L P I L K O W F
H V H S T S O W S N P W I A O Y Z F P V
K P J I X R V G N I V I G S K N A H T F
E P O C L M P H Y S I C I A N Y R S O Z
P C A C F T M K J S N B E E C O P G K W
H S W O W J X C Y G P A R B H I J O I F
P R Q Y V K Z J D R S H K M I I Q F R H

October birthdays:

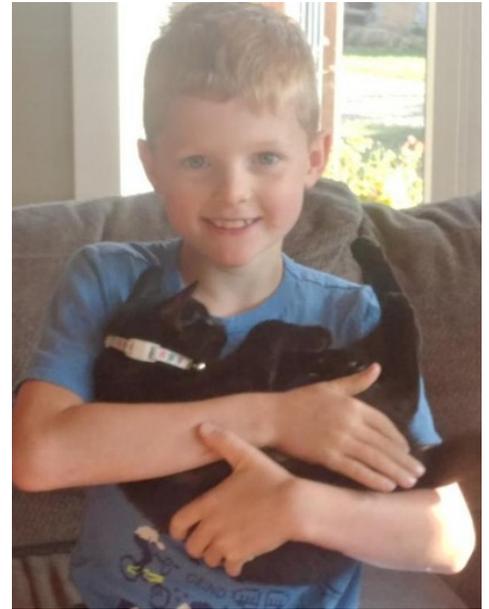
In October Cole, Elsa and Jason are celebrating their birthdays
HAPPY BIRTHDAY from your church family



COLE
OCTOBER 2



ELSA
OCTOBER 19



JASON
OCTOBER 24

SUNDAY SCHOOL OUTING

On September 17, the Sunday School families had a great time at Fenek Farm.
Thank you to all who helped organize and attended the event!

