



THE TROPHY-BEARER

The Bulletin of St. George Orthodox Cathedral

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The Relationship Between The Jewish Sabbath And The Christian Sunday

"Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy. (Exodus 20, 8-11)

One of the most important commandments of the Old Testament was the observance of the Sabbath. On the Sabbath day, God's people were supposed to abstain themselves from the work and labours of human existence and to acknowledge God as their Creator and provider. The Sabbath was a weekly day of rest and worship. It was a holy and special day when God's time and human time would intersect and the chosen people would be reminded of their special covenant with God. It was God himself who blessed and hallowed the seventh day. Therefore the Sabbath was a time consecrated to God and meant to remind to the people of Israel that the entire rhythm of one's life should be guided by God's commandments.

What happened to the institution of the Sabbath in the New Testament and how did the Christians relate to it? We find an answer in Saint Paul's letter to the Colossians: *Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. These are a shadow of the things that were to come; the reality (the substance of all these) is found in Christ. (Col. 2:16-17).* The Old Testament law was just a shadow of the realities that would come and be fulfilled in Christ. This is also true of the Sabbath. The Sabbath is actually fulfilled and surpassed in the Day of the Resurrection. The Day of Christ's Resurrection marks the beginning of a new age in human history. The Resurrection Day is the true seventh day. It is the new Sabbath. *This is the chosen and Holy Day first of the Sabbaths, king and lord of days, the feast of feasts,*

holy day of holy days. On this day we bless Christ forevermore.(ode 8th, The Canon of Holy Pascha)

The idea of rest was another important element of the Sabbath day. The Sabbath was actually pointing to the true rest that would be brought by the Messianic kingdom. All the healings that Christ performed on the Sabbath day were anticipating the coming of God's kingdom in which all burden, suffering and toil would cease and human beings would finally experience eternal rest in God. The Sabbath rest found its fulfillment in Jesus Christ.

*"Come to me, all you who are weary and burdened, and **I will give you rest.** Take my yoke upon you and learn from me, for I am gentle and humble in heart, and **you will find rest for your souls.** (Matthew 11,28-30)*

In the ancient pagan world Sunday was the day consecrated to the Sun. In Christianity Sunday would become the day consecrated to the Sun of Righteousness our Lord Jesus Christ as he is described by the prophet Malachi: *But unto you that fear my name shall the Sun of righteousness arise with healing in his wings; and ye shall go forth, and grow up as calves of the stall.*(Malachi 4:2) Our participation in the Sunday Eucharist is an expression of our life in Christ. It is the participation in his resurrection and a foretaste of our eternal rest with God in his everlasting kingdom.

And on the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs of the apostles or the writings of the prophets are read.... But Sunday is the day on which we all hold our common assembly, because it is the first day on which God ... made the world. And Jesus Christ our Savior rose from the dead on that same day.

Justin Martyr (c. 160)

Christ is Risen!
With love in Christ
Fr. Cristian



CHURCH FINANCES FOR 2022

We raised \$1,535 at the Palm Sunday fund raising dinner.

We made a donation of \$1,000 to Ancient Faith Radio from the charity fund

	APRIL	YTD
INCOME	11,847	63,874
EXPENSES	12,927	61,912
NET INCOME (LOSS)	(1,081)	1,961

DATES TO REMEMBER

Thursday June 2nd -The Ascension of our Lord

Saturday June 4th- Hierarchal Visit and Vespers

Sunday June 12th- Pentecost(Descend of the Holy Spirit)

Monday June 13th-Holy Trinity

Sunday June 19th-Father's Day
Fundraising Dinner

Monday June 20th-Beginning of Fast of Holy Apostles

Friday June 24th-The Nativity of Saint John the Baptizer

Wednesday June 29th- Holy Apostles Peter and Paul

SUNDAY READINGS

Sunday June 5th-7th Sunday after Pascha (Holy Fathers of the First Ecumenical Council).

Epis. Acts 20:16-18, 28-36.

Gos. John 17:1-13 (Prayer of Jesus).

Sunday June 12th-8th Sunday after Pascha (Pentecost).

Epis. Acts 2:1-11.

Gos. John 7:37-53; 8:12.

Sunday June 19th-1st Sunday after Pentecost (All Saints).

Epis. Hebrews 11:33-40; 12:1-2.

Gos. Matthew 10:32-33; 37-38; 19:27- 30.

Sunday June 26th-2nd Sunday after Pentecost (American & Romanian Saints).

Epis. Romans 2:10-16.

Gos. Matthew 4:18-23 (Calling of first Apostles)

HIERARCHAL VISIT

His Eminence Archbishop Nathaniel and His Grace Bishop Andrew will visit our parish on Saturday June the 4th. They will serve Great Vespers at our church. The service will start at 5pm and it will be followed by an Agape meal. Please come and welcome our bishops!



7 DAY CANDLES

Eugene & Shonna Roscoe In Memory of:
John & Victoria, Ernest & Beatrice.
In Honour Of: Eugene & Shonna, Ben, Cole,
Madison, Nathan, Annette.

NAME: _____
MEMO: _____

the Orthodox Church, Kristin began investigating it again, and soon the whole family was attending. Kristin is a medical physicist in the radiation therapy department at the Allan Blair Cancer Centre and loves to sing. Randy is a machinist with his own home shop. He is also a fan of trying out new recipes for foods from all over the world. Charlie is 8 years old and in Grade 3 at Douglas Park School. He enjoys riding his bike and his favorite subject at school is science. Annika just turned 5 and is in Pre-K, also at Douglas Park School. She enjoys coloring and taking pictures with her new camera. Both kids love playing with Barry, the family's new golden doodle puppy.

MEET OUR PARISH

Randy and Kristin Marchant and their two children, Charlie and Annika were baptized and entered the Church on Lazarus Saturday. Randy and Kristin both grew up here in Regina. Kristin went away to Montreal to study at McGill University. She and Randy met when she returned to Regina and they married in 2009. Randy discovered the Orthodox Faith and began learning about it through podcasts on Ancient Faith Radio when everything was closed down in 2020. St. George's was the first Orthodox Church he came to in summer 2021. Kristin had her own journey to learning the Orthodox Faith, beginning with several friends of hers who joined the Church more than 20 years ago. Kristin took a university class from Fr. John and visited St. George's a couple of times before she moved away to Montreal. When Randy started to show interest in attending

